

# Rehab to Respite

## From Rehab to Respite to Recovery

A respite stay at United Methodist Communities at Bristol Glen can be just the transition you need between rehab and home, giving you more time to heal, to rest, to recover. A short respite stay will lead to long term benefits for you. A few simple steps and you're here. If you have completed your allowed Medicare days and would like to get a little stronger or just need some more help, we can help you get back to an abundant lifestyle.

## An Abundant Life Starts Here

At United Methodist Communities at Bristol Glen we are dedicated to compassionately serving older adults so you are free to choose an abundant life. When you choose Bristol Glen and our parent organization, United Methodist Communities, you are joining a family that has specialized in senior lifestyles for over a century. United Methodist Communities at Bristol Glen's combination of humanity and vitality form the foundation for an abundant life.

## Our Rehab to Respite Program

- Individualized care plans
- Continued physical therapy
- Personal pendant for emergencies
- Weekly scheduled housekeeping services
- Outings and activities
- Peaceful setting
- Socialization
- Delicious meals
- Personal attention to dietary needs
- Transportation scheduling assistance

## Additional Options

- Personal care
- Ambulation assistance
- Medication management

## Getting Started

To learn more about our Rehab to Respite Program, please contact Mary Carroll at 973-300-5788 or by email at [mcarroll@UMCommunities.org](mailto:mcarroll@UMCommunities.org).

