

Please join us at

Bristol Branches

United Methodist Communities at Bristol Glen
200 Bristol Glen Drive, Newton

Wednesday, August 17, 2016
9:30am-12:30pm



Offering activities open to seniors throughout Sussex County...free of charge!

9:30am Coffee Social

A great opportunity for residents of Bristol Glen and the community to get to know one another!

10:00am “Living with Low Vision-Tips, Strategies and Simple Solutions”

Vision Loss Alliance of New Jersey will teach simple approaches and give advice to assist you in managing your dialing living activities and household tasks.

11:00am Tai Chi for Seniors with Stan Cohen

Gentle movement that builds balance, flexibility, leg strength, coordination, concentration & confidence.

12:00pm Resource Connection

Meet with Social Worker Marie Manzi for your questions on Medicare, Living Wills & more!



United Methodist
Communities
Bristol Glen



Vision
Loss
Alliance
of New Jersey