

Please join us at

## Bristol Branches

United Methodist Communities at Bristol Glen  
200 Bristol Glen Drive, Newton

Wednesday, August 3, 2016  
9:30am-12:30pm



*Offering activities open to seniors throughout Sussex County...free of charge!*

**9:30am Coffee Social**

*A great opportunity for residents of Bristol Glen and the community to get to know one another!*

**10:00am "Sun Safety and Fibromyalgia with Danny"**

*Danny Armenti to review everything we need to know to stay safe this summer.*

**11:00am Tai Chi for Seniors with Stan Cohen**

*Gentle movement that builds balance, flexibility, leg strength, coordination, concentration & confidence.*

**12:00pm Resource Connection**

*Meet with Social Worker Marie Manzi for your questions on Medicare, Living Wills & more!*



United Methodist  
Communities  
Bristol Glen

